

# Homeless Prenatal Program

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## Mission Statement:

The Homeless Prenatal Program (HPP) does this by seizing the motivational opportunity created by pregnancy and parenthood. We join with families to help them recognize their strengths and trust in their capacity to transform their lives.

## PROGRAMS & SERVICES:

- Prenatal Education and Positive Parenting Education program, Wellness Center Includes exercise, self-care, to help clients reduce stress and adopt a healthy lifestyle. As well case management services with high risk prenatal substance abuse clients. ( Knowing you're Baby English and Spanish , Next Steps playgroup, Prenatal yoga, baby yoga, infant massage, Acupuncture)
- Trauma & Domestic Violence Support Groups (English and Spanish)
- DV Cal works Program
- RHSP (Rapid Housing Section 8 Program)
- Mental Health Services for parents and children (Therapy, CTRP).
- Parent/Child Therapeutic Play Group (parents learn to bond and interact with child in various activities; parents also have the opportunity of consulting with a clinician).
- On site drop in childcare center so parents can meet privately with a counselor, or attend a class or support group
- Substance Abuse services to help parents get into residential and out patient treatment programs, help parents maintain and or retain custody of their children.
- Drug Dependency Court Case management services and Orientation Group
- Differential Response Services
- Narcotics Anonymous (NA) Clients can find support with their recovery.
- Support Group for Fathers A place for fathers to receive support with reunification issues.
- Housing Assistance, Clinic Workshop & Housing Search
- Art, Sewing and Knitting classes where clients use projects as therapy and creative expression
- Latino Support Group
- Superheroes' Play Group Kids 5-6 yrs old who have been exposed to community or domestic violence. Teaches emotional communication and coping skills.
- Five Keys Charter School at HPP access in obtaining a GED or High School Diploma.
- Community Technology Center where clients learn computer skills. Resume Workshop & Job Search
- Tax Clinic; help with tax preparation for low income families.
- Community Health Worker training program

## Vision Statement:

The Homeless Prenatal Program (HPP) believes that every family wants to deliver healthy babies and raise healthy children in a stable and nurturing home. Seizing the motivational opportunity created by pregnancy and parenthood, HPP partners with families to help recognize their strengths and trust in their own capacity to transform lives. At the heart of our program is non-judgmental, supportive case management provided by Family Case Managers, the majority of whom once were HPP clients themselves. As the first agency in San Francisco to hire and promote former clients as employees, HPP is unique in that the community it serves has from the organization's earliest days Guided its evolution and growth.

## Success Story:

This is a 42 year old Latino male, Spanish speaking only. Father is currently living with wife and five year old daughter in subsidize apartment.

**Presenting Problem:** Client was referred to our agency by Child Protective Services (CPS DR) due to concerns of domestic violence and Alcohol abuse. Clients alcohol use has affected his relationship with partner and is emotionally affecting emotionally their daughter. There were also financial stressor due to the fact that father is the sole bread winner.

**Service Plan:** Referral for Differential Response services was made to our agency HPP, as well a Substance Abuse Assessment referral. Client was able to meet with a substance abuse case manager for assessment; recommendations were made for an outpatient Spanish speaking program. Family engaged in DR services where father was asked to complete substance abuse program that also includes parenting classes, self-esteem, anger management, individual counseling as well couples counseling. Partner was also asked to attend Al- Anon meetings in the community and attend our Latino support group. Both parents would be receiving various services in our agency while father attended program in conjunction working collectively with the family as a whole for a better outcome.

**Outcomes to Date:** Client has been attending Substance abuse program since November of 2012 to current date. Father has been able to acknowledge and addressed his Alcohol consumption, he is also engaged in individual counseling in addition to the opportunity of couples counseling. Family has been engaged in meeting regularly in case management, partner is attending the Latino support group and Al- Anon meetings. Agency has been able to support family with some funding for minors needs to alleviate the financial situation; HPP was able to submit and application for low income housing and we are currently in the process of waiting for a response in favor on approval from the San Francisco Housing Authority Section 8 voucher. If approved this will make a impact in families income situation.

