

# County of Ventura - Human Services Agency Children & Family Services School Based Child Abuse Prevention Services



### **Programs & Services**

- Comprehensive Case Management Services, available in English and Spanish, or any other language needed
- Educational Advocacy
- Referrals for mental health and medical services
- Referrals for parent support, parenting classes
- Referrals for Intimate Partner Violence education and support
- Referrals for substance abuse treatment
- Referrals for legal and immigration issues
- Links to community agencies for basic needs; food, clothing, and more
- Child/Youth growth and development groups
- Home visits
- Child abuse prevention information and parent education
- Family needs assessments

### **■** Contact information:

Cesar Chavez School 301 Marquita Street Oxnard (805) 385-1525 ext. 4 McKinna School 1611 S. "J" Street

Oxnard (805) 385-1563 ext. 6411

## **Healthy Start Success Story**



Alexandra's\* family is composed of Alexandra, her older brother and her mother. The family came to the attention of Healthy

Start after Alexandra was evaluated at school and it was determined she was not progressing academically because she needed an assistive device. The Healthy Start social worker began working with the family and identified additional familial barriers including basic needs, access to medical services, employment, and financial resources. The Healthy Start social worker assisted the family as they applied for public benefits and Medi-Cal. The social worker connected the family to additional food resources including vouchers, and also assisted with their other needs including housing, clothing, and employment for Alexandra's older brother. As the family's situation improved it was discovered that Alexandra's mother was diabetic and was untreated due to a lack of transportation and access to medical services. Through the Healthy Start social worker, Alexandra's mother was able to get to a doctor and attend to her medical condition.

As a result of the Healthy Start social worker working with the family, they are on their way to better health and stability. Alexandra is on an Individualized Education Program (IEP), is using an assistive device, and is progressing academically.

\*Names, story details, and the photo have been changed to protect the family's identity.

### **■** Mission

Healthy Start provides collaborative and coordinated culturally competent school based health, social, and other support services for children and their families in the Oxnard School District, specifically targeting McKinna and Cesar Chavez Elementary Schools.

The service delivery model emphasizes prevention and early intervention services to maximize the healthy development of children, increased parental involvement; and subsequently to improve school attendance and academic achievement.

### Vision

To support strengthening families in their own environment, while actively engaging parents in activities that support self sufficiency, leadership, child safety, increased understanding of child development and early learning, and promoting better communication between home, school, and the child welfare system.

### ■ Values, Principles, Beliefs

- We acknowledge that all individuals, families, and communities have strengths, and may need support when faced with life's challenges
- We work to build individual, family, and community resilience
- We are solution focused, strength based, and support partnerships
- We model effective practices and collaboration