

# Community Assistance Network

## Together We CAN

### Programs & Services:

- **General Services**
  - Food Bank
  - Clothing Bank
  - Senior & Children's Supplemental Food Program
  - Nutrition Education
  - Community Gardens
  - Wild River Smiles
  - Bible Study & Prayer Group
- **Family Services**
  - Life Elevation Action Program (LEAP)
  - LEAP with Faith
  - Healthy Del Norte Kids
  - Strengthening Families
- **Workforce & Economic Development**
  - CANWork Job Training
  - CANDeal Retail Outlet
  - CANRecycle Ink & Toner Cartridges
  - CANAssist Remote Administrative Assistance
- **Homeless & Housing Services**
  - Emergency Housing Services
  - Homeowner & Renter Emergency Assistance
  - Shower Passes & Hygienic Supplies
  - CANCottages Affordable Housing Development

### CONTACT

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Program Manager  
Terri Mitchell

### MISSION:

"CAN's mission is to elevate the Del Norte and surrounding communities by exercising God-given creativity, God-honoring industry, community collaboration, and respectfully ministering to the needy. At present, we accomplish our mission through providing over 22 different community elevating services, which fall into four broad categories: General Services, Family Services, Workforce & Economic Development, and Homeless & Housing Services."

### Life Elevation Action Program (LEAP)

"Operated in partnership with Del Norte County Department of Health & Human Services, LEAP seeks to reduce child abuse and neglect by home visitation and strengthening families. All clients are referred by

### CAN (Community Assistance Network) Success Story:

Tracey and her family relocated to Del Norte County from another state in June 2009. She needed to find employment as soon as possible in order to support her and her family. She visited the Workforce Center and met with a CalWorks caseworker. When the caseworker evaluated Tracey's skills, she made a call to CAN right then and there and made arrangements for Tracey to interview to work at CAN for 32 hours a week. Tracey came to CAN the next day for her interview. At that time she had been in the community for 1 ½ months. She had submitted 15 employment applications to various places and had gotten only 2 replies.

At CAN she met with Mary Jo the Office Manager. Mary Jo saw and recognized Tracey's great people skills and willingness to work from the first. Tracey felt so comfortable at CAN that she agreed to start work the following week.

Tracey started work the week of the annual CAN Rummage Sale. She pitched in immediately and learned about all the diverse programs CAN offers. She recalls being asked what she felt she could do for CAN and what she likes to do. She also recalls learning how an agency works and being given a variety of things to do.

Tracey quickly became indispensable at CAN. She was hired as a permanent CAN employee after she had worked for CAN for 1 month. She describes CAN as a supportive place to work and feels lucky to have found the job when she did. Mary Jo describes Tracey as caring, motivated, reliable, motivated and supportive. Tracey pitches in anywhere from creating a spreadsheet to taking great meeting notes to sorting coats for our coat drive.

Tracey is a shining example of the results we see at CAN in our supportive approach to job training.

Our desire is to serve work training clients in as comprehensive a manner as possible to result in more success stories such as the one recounted above. The FDM Pathways toll will give us the ability to assess clients across a broad spectrum of indicators. As a result we will be able to offer our clients support with a constellation of issues that could be barriers to their success not only in the workplace but also in life.