

Sutter Tracy Healthy Connections Resource Center

Mission

"To strengthen families' ability to make healthy choices for themselves, to care for family members in need of support, and to promote the well-being of the community."

Programs and Services

Basic Resource and Referral
Case Management
Family Success Teams
Senior Safety Partnership
Health Insurance Enrollment Assistance

ESL- Rosetta Stone
Enhanced Cancer Support Services
PAPRX- Patient Assistance Program RX
Mommy and Me Support Group
Parent and Me Playgrounds
P.R.I.C.E Parenting Classes

Client, a single mother of five children, whose ages range from 1 to 12 years of age moved to Tracy in Jan 2008 to live closer to her sisters. Client had a history of substance abuse and domestic violence. The father of the children was serving time and the children were in the custody of Child Protective Services in another city. Client was referred to Healthy Connections by Tracy Adult School in Feb 2008. Her primary reason for seeking services was to get resources on where to get weekly drug testing. This was a requirement of Child Protective Services and part of her case plan to reunify with her children.

Through our assessment tool other needs were identified such as: Mental Health Employment, Housing Mental Health, Substance Abuse treatment and support, Health care access and insurance, Food, Financial, Education, and Legal assistance.

Client accepted case management services and was identified as a good candidate for our Family Success Team Program because she was highly motivate and ready to make positive changes in her life.

At the time that case management services began, Client was at risk of loosing her children because she had lost contact with the CPS social worker in LA County, and wasn't fully complying with case plan.

Healthy Connections case manager assisted client in reconnecting with the CPS social worker, which allowed client to move forward with case plan. A Family Success Team meeting was scheduled in March 2008, where the following agencies helped support client in developing a family plan that addressed her concerns. *SJ CPS, Pregnancy Resource Center, Work Net, Family Resource & Referral, and Women's Center.* Since her initial FST in March of 2008, Client has completed her case plan after working with the case manager for year.

These are her successes: She got DV counseling through the Women's Center, and was approved for the Victim Witness program which now pays for ongoing counseling through a private therapist. Through the help of Healthy Connections, client was given a voucher to Tracy Family Practice Medical Clinic to receive care. Client was using Sutter Tracy Hospitals ER as her primary care and was getting high medical bills. Now, client has Medi-cal and has selected a primary care physician. Client was referred to SJ County office of substance abuse for chemical dependency counseling and drug testing. She qualified for their subsidized residential program, which she completed and received aftercare drug testing free. Client was referred to EDD / Work Net for assistance with resume, interviewing skills, and job searching. She was able to find employment, however after working for a short time she was laid off due to economic times. She continues to search for employment. Client continue to work on getting her GED through Tracy Adult school. Client started working on clearing traffic tickets. Client obtained housing and is now living with sister. Client reunified with her 5 children in Feb 2009. Recently, client was approved to receive subsidized childcare, cash aid, food stamps, and WIC.

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