

Our Mission

We strengthen and advocate for families and individuals of all ages and diversities, helping to create and preserve a healthy community.

FSA is Santa Barbara County's first and oldest nonsectarian, human-service nonprofit. We provide families with the resources needed to grow and stay strong. Addressing the unique concerns of children, parents and seniors, our programs focus on prevention, early intervention, and building on existing strengths. We help people help themselves.

FSA makes it a point to GO where needed. Our services are provided out in the community in clients' homes, at community centers, and on school campuses. FSA services are free or offered on a sliding-fee scale to ensure access for all. Whatever the challenge – lack of basic necessities, family conflict, isolation, parenting difficulties, or youth who are at risk - FSA makes a positive and lasting difference in people's lives.

Programs & Services

- · Big Brothers Big Sisters
- Intensive In-Home Counseling
- School-Based Counseling
- Family Resource Centers
- Child & Family Counseling
- · Senior Mental Health
- Probation Youth Counseling
- Senior Case Management
- 211 Helpline

Contact

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Community Services Coordinator

Ashleigh Randell

Success Story

The Rodriguez family – mom, dad, and 3 children (2 under the age of 5) - came to our Family Resource Center one morning with several pressing needs, the primary one being that Mr. Rodriguez was out of work due to a serious disease requiring brain surgery. The family faced many problems because of their lack of funds, including difficulty in meeting their basic needs and no longer being able to afford the after-school program for their school-aged child, Freddy. In addition, their 4-year-old daughter, Yesenia, had a speech impediment that was hindering her ability to start school.

Our Family Advocate got right to work helping the Rodriquez family meet with a representative of the local hospital who arranged financial assistance for the needed surgery and a payment plan. Yesenia was referred for assessment by Tri Counties Regional Center and an expert was assigned to work with her weekly to get her ready for school. Freddy was enrolled in a subsidized after-school program, and Mrs. Rodriguez was connected to a monthly program to assure the family's access to adequate food and clothing.

Thanks to the Family Resource Center and their own hard work, Mr. Rodriguez has had his required surgery and is back at work, relieving much of the family's economic stress and enabling the parents to focus on their children. Yesenia is progressing nicely with her speech therapy, and Freddy continues to do well in his new after school program. The Family Advocate's support, education, referrals, and follow-up were critical to stabilizing the Rodriguez family. When a family is in crisis, our Family Advocates are there, providing a safety-net, a plan- of-action, and the resources needed to help that family grow and stay strong.

Source: http://www.fsacares.org