

# Tulelake/ Newell Family Resource Center

## Mission

“Serve as the Hub of the Community by providing quality services and support, striving to enrich lives and empower people to help them realize their full potential.”

The Tulelake/Newell Family Resource Center was the first of ten FRCs in Siskiyou County established through Even Start Funds by T.E.A.C.H, Inc. We offer a variety of services including resource and referral, application assistance and translation services, parent education and support, adult and child mental health services, health and nutrition promotion, and volunteer opportunities.

Our core values are to reach out to EVERYONE in the community. Not only in times of need but every day-to-day life. We strive to build families’ strength and capacity, honor diversity, and act with integrity. The Tulelake/Newell Family Resource Center encourages community members to be actively involved in our programs and services to better their lives and to help build a stronger community.

## Success Story

*“Literacy is a ladder out of poverty, but we must be fit to climb that ladder.”*

Morgan Freeman

*The Tulelake/Newell Family Resource Center serves two rural towns with a combined population of less than 1500 people. In a year, through support from First 5 Siskiyou, we distribute over 1,500 books to children in our community and we provide nutrition and physical fitness promotion activities to **children age 0-5** nearly **600 times**. We not only serve children at our center but the community as a whole. With all of our **programs and activities** we see about **600 community members** monthly averaging about **7,000 pairs of feet** a year.*

## Programs and Services

- Resource and Referral
- Application Assistance and Translation Services
- Employment and Housing Assistance
- Nutrition and Physical Fitness Promotion
- Parent Education Classes and Workshops
- Drop– In Playgrounds
- Family Fun Events
- Support Groups
- Domestic Violence Advocacy
- Computer, Fax, Copy, and Internet Access
- Mental Health Services and Early Childhood Mental Health Services
- Drop In Center Youth, Adult and Senior Activities

### CONTACT

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<http://www.first5siskiyou.org/tulelake.html>