## COMMUNITY DEVELOPMENT INSTITUTE HEAD START

**Serving South Vermont & Green Meadows, LA** 

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Office: 323-753-2401 Fax: 323-750-5257

## **Program Values:**

Integrity, Dedication,

Excellence,

Energized Teams

and Commitment



## **Local Program Mission:**

Community Development Institute Head Start Serving South Vermont & Green Meadows is committed to providing high quality, comprehensive and diverse services to enrolled children and families from our community. By leveraging community resources and developing family partnerships, we promote the growth of each child's intellectual, emotional, physical, nutritional and social needs. Our qualified staff is well trained and empowers families by creating

## **Programs and Services:**

Family Literacy & School Readiness
Health Education Services & Fairs
Nutrition Education Services

Services for Children with Disabilities

**Goal Setting** 

**Community Referrals** 

**Male Engagement** 

**Parent Leadership Trainings** 

Zumba Classes for Parents (Monday-Thursday)

Monthly Pilates

Classes

**Translation Services** 

**Family Fun Days** 

**Bus Tokens** 

**Financial Literacy** 



Center Based Education Services Our 17 Head Start centers provide daily opportunities for children to participate in comprehensive center-based programs where children participate in a 3.5 hour preschool setting. Teaching staff members are committed to promoting and partnering with the parents of each child in the development of that child's intellectual, emotional, physical, nutritional, and social needs. In addition to creating and maintaining safe and healthy environments, Centers are staffed with bilingual teachers prepared and eager to serve monolingual children and families each day. With a commitment to the child development and early learning framework, our creative curriculum approach is dedicated to ensuring that children are ready to transition into Kindergarten.

Contact: April Smith- Education Services Manager

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Health & Nutrition Services Health and Nutrition services are vital components to the educational success of our children. We encourage parents to address the health needs of children, family and community by participating in the health lifestyle education programs the center is providing. The Health and Nutrition Services department is committed to collaborating with parents to ensure that all children have an ongoing source of continual health and dental care. The services they receive are preventive and regularly scheduled to ensure that children are healthy and are able to benefit from our educational services. Our Nutrition Services program ensures that the daily meals provided meet the USDA nutritional requirements and promote and encourage healthy eating habits that will impact their lives in the future. Health and Nutrition Services seeks to work in partnership with families by providing educational workshops that include, but are not limited to, meal preparation, focus on the importance of budgeting for food, and the importance of regular physical fitness for the well being of the families and our community as a whole.

Contact: Rosalinda Orellana- Health Services Manager

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Family & Community Engagement With a commitment to family engagement, our Family Services Staff members are dedicated to encouraging male and family participation to ensure that families are invested in their Head Start experience. With the support of the teaching staff, our Family Services Workers seek to build trusting and respectful relationships between parents, children, and the Head Start community. Through these relationships, Family Services Workers work daily in collaboration with families to provide identified resources and referrals to community partners that allow families to begin to advocate for themselves and become involved in the community in which they live. The Family Services staff is committed to working with families that are taking the necessary steps to discovering their strengths, resources and goals for overall success. Through family partnership agreements, members of our Family Services staff work with families to address the current barriers some families may be faced with as they work toward their goals. Strategies will be provided to families to address those barriers throughout our time together. It is our commitment to continually empower families and provide preventative services to children and families that address child development needs, overall safety, and the well-being for all enrolled families. (Educate; Engage; Empower!)

Contact: Tameka P. Brown- Family & Community Partnership Manager

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Parent Engagement-Governance (Policy Council/Parent Committees/Program Leadership). Through an array of regularly scheduled activities in addition to our integrated and innovative approach to family engagement; positive outcomes for enrolled families are achieved. We are committed to the development of our parents as leaders both at the center level and administrative level. We encourage parents to work in partnership with program leadership to ensure that all children are safe, healthy and ready for school. Policy Council membership and volunteer opportunities for leadership trainings are made available to parents in order for them to obtain leadership and self advocacy skills. Leadership opportunities empower parents to provide input in the development of their child and the direction of our Head Start program. Through monthly center meetings and monthly meetings at our Administration office we offer trainings and regular contact opportunities with trained community practitioners for parents to build healthy relationships with each other and their children.

Contact: Norayma Cabot- Program Director

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