

Corbin Family Resource Center

MISSION:

To provide services that strengthen and support families and educate the community to raise healthy children

POPULATIONS SERVED:

Corbin Family Resource Center serves children and families in Santa Ana and surrounding areas, in Orange County California.

SUCCESS: Parent Leadership

"Rosie's life changed the moment she walked into her local Family Resource Center (FRC) in August 2005. Rosie, 44, a wife and mother of two children, Danielle, 10, and Michael, 8, sought help from the Family Resource Center when she began to feel helpless and overwhelmed by the numerous conflicts her family was experiencing at home. She was primarily seeking help to improve communication issues with her husband, Victor, and to develop better parenting skills. Rosie and her family immediately began receiving in-home family support services.

Soon after, Victor and Rosie began attending crucial parenting sessions where they learned new techniques such as developing appropriate disciplinary methods, establishing daily routines for children, understanding child development, and improving parental relationship and communication skills. The FRC improved Rosie and Victor's parenting and behavior management skills by having them implement a "Goal Chart" program at home which provided structure and enabled the children to track their daily chores. Not only did this make things run more smoothly at home, it also brought the family together to participate in more family activities, such as going to the movies and taking weekend trips. Rosie is grateful to the FRC. "I view the FRC as a blessing because through their services I developed healthier alternative behaviors that have made me a better mother."

Additionally, the FRC offered Rosie and Victor Relationship Enhancement classes which have improved their relationship through increased communication and understanding. They

now work together as a team for the betterment of their relationship and for the family as a whole. "I am so proud of how my family now communicates and relates with each other. As parents, Victor and I have developed a deeper understanding of our roles. I can honestly say that I now enjoy my role as a mother and wife," Rosie stated. Rosie's success inspired her to become even more passionate and determined to create a positive life for herself, her family and her community. She began volunteering her time at the FRC, ...and in as little as three years, Rosie has transformed from a struggling parent who sought help at the Family Resource Center, to a volunteer helping out in various projects at the center, to a community leader actively participating in the Community Action Council. Her inspirational story is a great example to the struggling parents and families in the community. "I felt the duty and responsibility to tell my community about the FRC and to share what I received with them," Rosie stated."

*Source: FaCT Family Resource Center Outcome Highlights 2007-08
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Programs & Services:

- Case Management
- Family Advocacy
- Parenting Education
- Counseling (Individual, Group, Family)
- Domestic Violence Intervention
- Adoptive Parent & Relative Caregiver Respite Care
- Adoptive Parent & Relative Caregiver Family Support Services
- Legal Assistance
- Adult Literacy & ESL
- Children & youth Programs
- Information & Referral
- Senior Services
- PC.FRC Health Access for Children (0-5)

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