

# Magnolia Park Family Resource Center

Institute for Community  
Collaborative Studies:  
Pathways to Child Abuse  
Prevention



BUILDING HEALTHY COMMUNITIES ONE  
FAMILY AT A TIME

## PROGRAMS & SERVICES

- Case Management
- Parenting Education Classes (English, Spanish)
- Counseling (Individual, Group, & Family— offered in English & Spanish)
- Domestic Violence Intervention (Legal Assistance, Personal Empowerment Program,
- Counseling)
- Foster Family & Relative Caregiver Support Services
- Community Engagement Workshops
- Medi-Cal & Healthy Family Application Assistance
- Information & Referral
- PC.FRC Health Access Services for Children (0-5)
- Car Seat Safety Program
- Women's Support Group
- Early Education Program (Children 2 1/2 – 5 yrs)
- Mommy & Me Classes
- Motel Family Project/ Program

## CLIENT SUCCESS: SOCIAL CONNECTIONS

“Susanna was a stay-at-home mother with four children under the age of seven. As do many mothers of young children, she had been feeling isolated due to the constraints of her life and, as a consequence, began to lose her temper with her children. Her husband worked outside the home and was not able to provide her the emotional support she needed. In order to change her family's circumstances, she took action and contacted the Family Resource Center (FRC). She was looking for help and support, but found much more.

Upon her arrival at the center, Susanna requested family counseling in order to address her initial concerns of feeling alone and losing her temper with her children. She met with the Family Advocate who addressed each need separately. Together they formulated a plan for Susanna to carry out that would not only meet her emotional requirements, but her family's physical needs as well.

First, Susanna joined the FRC's Car Seat Education class where she received a free car seat for each child in addition to tips for keeping her children safe in the car. Car safety was a pressing issue for her and, once resolved, proved to be a huge stress relief and a step in the right direction.

With her immediate needs cared for Susanna was able to attend a six-week parenting class. The class helped Susanna implement proper means of disciplining her children and educated her on ways to manage her temper. The parenting class, along with continued participation in individual counseling and a women's support group, eased her feeling of isolation and provided her with an outlet for her emotions and a sounding board from other women who were in similar situations. Susanna made friends with the women in her classes whom she learned she could lean on as they were 'just like her.' She even found an emotional outlet for her three oldest children in the form of a children's counseling group which gave them a safe place to talk about their feelings and frustrations.

Susanna gave the center very positive feedback saying, 'The FRC is like my family. It gave me support when I most needed it. I am a better mother and wife because of all of the support I received from the center.' Her decision to ask for help provided her with invaluable tips to improve the quality of life for herself and her children. Susanna has found a home away from home at the FRC where she has made friends and found a support system which makes her feel confident about raising her children and supporting her family.”

*Parenting Education Class, Magnolia Park Family Resource Center*

Source: Family Resource Center Outcome Highlights, Orange County, CA. Retrieved 4/09 from <http://www.fact.org/factnews.html>

## MISSION:

“To create healthier communities by advocating for families and providing services, resources, and information that will enable them to become healthier, stronger and more successful”.



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