



Oak View Family Resource Center

Programs & Services

- Case Management
- Counseling (individual and group)
- Domestic Violence Services
- Family Advocacy
- Adoptive Family, Kinship, and Relative Caregiver support
- Children & Youth Programs
- Information & Referral
- Family Activities
- Youth Enrichment & Recreation Programs
- Parent Education Classes
- Youth Development
- Gang Prevention Program
- Life Skills Workshops

Oak View Family Resource Center Serves children and families in the Huntington Beach area of Orange County.

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<http://www.factoc.org/oakview.html>

Mission: The Mission of the Oak View Family Resource Center is to facilitate the development of a safe, healthy and nurturing environment in school, home and community such that children may be successful in school, at work, and in their personal relationships.

“ Amelia, age 30, came to Oak View FRC after learning about our services at a health fair she attended. She lives with her husband, Eduardo, 30, their son, Carlos, 2 and 4 month old, Lola. Amelia came to the center when she was 8 months pregnant with Lola. Her pregnancy was high risk and during the first two months of her pregnancy she was in the hospital due to dehydration. Throughout her pregnancy, Amelia felt nauseated and was in and out of the hospital. In her last month of pregnancy she became ill with a cough and it was difficult for her to care for her son Carlos.

During her work with Oak View's Family Advocate, Amelia reported feeling stressed and not having support to talk about the marital problems she was going through. She expressed her interest in receiving couple's therapy. According to Amelia, she and Eduardo were constantly arguing because his mother had moved in with them and was very unsupportive of her high risk pregnancy. It upset Amelia that her mother-in-law never offered to assist her with taking care of Carlos or doing household chores. She reported an incident when she was sick, Carlos was crying, and she was trying to cook for her family. Her mother-in-law just sat at the table without regard or concern for Amelia's condition. Additionally, Amelia reported that her mother-in-law was not paying rent and repeatedly invited her other children (Eduardo's siblings) to come over and eat lunch or dinner without asking Amelia for permission. The conflict Amelia was having with her mother-in-law caused her husband to feel in the middle and she felt he was taking his mother's side over hers which was further upsetting.

The case was presented to Case Management and the following plan was recommended:

- Couple's counseling for Amelia and Eduardo
- Parenting classes for both parents
- A home visit by a PHN to oversee Amelia's high risk pregnancy
- A home visit by a Health Access promotora to assist Amelia with insurance paperwork and a healthy baby visit.

A PHN visited Amelia during the last month of her pregnancy and helped her make a plan Lola's birth. A promotora from our Health Access Team conducted a home visit once Lola was born to help mom with breast feeding techniques and education about her newborn.

Amelia was put on a wait list for couple's counseling and during this time she met weekly with her Family Advocate for support and a safe place to talk about the situation at home. Eventually her mother in-law moved out of the home and Amelia was able to feel more relaxed and get ready for the birth of her baby. Her relationship with her husband also improved.

The family was on a wait list for parenting education, however, during this time their Family Advocate worked with them to make a behavior management plan for Carlos whose behavior was changing as the arrival of his baby sister drew closer. Carlos responded well to behavioral charts and he began to feel like a big brother and helper, completing chores and assisting his mommy and little sister, Lola.

Amelia attended prenatal classes at the center and has been consistently motivated and open to receiving help. She continues to participate in FRC programs and takes initiative in learning about upcoming events and resources in the community that can benefit herself and her family.