



MISSION STATEMENT

"Empowering and supporting the West Fresno community to achieve optimal health and well-being," through outreach, education, engagement, counseling and advocacy.

WEST FRESNO FRC GOAL

We work in partnership with a multi-disciplinary team of partners such as, County agencies, community-based organizations, school districts, businesses, faith-based leaders, higher education, and neighborhood residents. Our team of professionals brings together a safety net of quality services through five pathways to prevention:

- ⇒ Children are Nurtured, Safe and Engaged
- ⇒ Families are Strong and Connected
- ⇒ Families have Access to Services and Support
- ⇒ Substance Abuse and Mental Health Addressed
- ⇒ Communities are Caring and Responsive

West Fresno Family Resource Center

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Back To School Health Fair

Every year, many children start school a week or two late because they don't have proper immunizations, physical examinations or lack school supplies or clothing.

Breast Cancer Awareness and Education Project

Breast cancer is the most common cancer among women in California, regardless of race/ethnicity. Survival is excellent when diagnosed early. If confined to the breast when discovered, five-year survival is over 95 percent.

Building Healthy Communities

Building Healthy Communities (BHC) is a community-led initiative that focuses on making central, southeast, and southwest Fresno a stronger and healthier community where children and youth are healthy, safe and ready to learn.

Culture Based Access Navigation (CBANS)

Peer Support Program The West Fresno Family Resource Center has also partnered with Mental Health of America, Fresno County, and three other agencies to address the growing needs for mental health services

Community Computer Lab The West Fresno Family Resource Center also offers free use of our local computer lab. The lab will provide internet access for conducting job search, resume preparation, income and work support, homework station and other skills building.

Community Garden Projects West Fresno is a community in need of many resources for the low income families located in the local area Family Development Matrix/Pathway Project The family development matrix is a tool used agencies to assess strengths and needs of families in their local area.

Food Stamp Enrollment Need help with buying food these days? You just may be eligible for Help: Health Insurance Enrollment The West Fresno Family Resource Center Inc offers enrollment assistance in the following health insurance programs..

Healthy Habits in Progress (HHIP) A community based collaborative project funded by the Walmart Foundation, aimed at the reduction of childhood obesity of Southwest Fresno in partnership with after school programs, youth and parents.

Improving Diabetes Care for Seniors Fresno County has a population of 915,267 according to the 2009 US Census estimate. Prenatal Education The West Fresno Family Resource Center also recognizes families in need when they have a little one on the way.

Stork "N" Shop Along with our prenatal education course we have what we call Stork "N" Shop. This program was established to help moms to be get a head start on things they may need for their young one.

Cultural Advocacy Broker Family Advocate Program Cultural Brokers are community members who advocate and navigate families. We Work with families involved with the child welfare system or at-risk of becoming involved during an Emergen-