



# Minnie Street Family Resource Center

## Programs & Services

- Case management
- Parenting education
- Counseling (individual, group, family)
- Domestic violence intervention
- Adoptive family support services
- Adult literacy and ESL
- Foster family and relative caregiver support services
- Community engagement workshops
- Information and referral

## Contact:

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## About:

Minnie Street Family Resource Center works to help children and families in the Orange County area of southern California. They work in collaboration with Families and Communities Together (FaCT), a partnership between the County of Orange Social Services and the Orangewood Children's Foundation.



### History:

A family was referred to Minnie St FRC on 11/28/07 by a social services worker for allegations of general neglect by the mother towards her 16 year old son. In 11/07, the son ran away from home after having had an argument with his mother. He moved in with a neighbor, an adult man, known by the neighbors to have young males stay at his home. The son had previously run away from home on three occasions. The mother called the police the first time her son ran away from home, but on this last occasion, she felt frustrated and tired of her son's behavioral problems and decided to let her son live where ever he pleased. He returned home two weeks later.

The mother was unemployed and single, with four children ranging in age from 3-16 years old. She reported that when her 16 year old son was three years old, she left him in Mexico under the care of her mother while she looked for work in the U.S. She also reported that Jose came to the U.S. to live with her when he was 11 years old. The mother stated that she had always had a stressful relationship with her son. She disclosed to always yelling and insulting him as a form of discipline. She reported that she was not the one with the problem and that it was her son who needed the help. She reported that he caused all the problems at home.

### Intervention:

The mother was invited to attend the CMT meeting on 12/14/07 but was unable to attend. She was receptive to referrals and recommendations for DR In-Home Parenting, parenting classes, tutoring, and the Art for Healing program. She did not want to attend individual and family counseling for herself.

### Progress:

The mother completed DR In-home parenting and parenting classes provided through CGC at Minnie St FRC. She brought her son to DR individual counseling. At first, she refused to even speak to the therapist because she reported that she was not the one with the problem. After the therapist explained to the mother that together they could help her son, she accepted the offer to talk to the therapist after her son's sessions. The son successfully completed individual counseling. The mother then agreed to individual counseling for herself. She then completed individual counseling. Both she and her son then began with family counseling and completed it as well. Both the mother and her son learned how to control and manage their anger, learned how to communicate in a positive manner and learned how to set healthy boundaries. The mother also learned how to show her son love and affection. This was something that, previously, she did not know how to show her son.

